

MARTIAL ARTS - BASED RESEARCH

Tiina Pusa, Marja Rastas, Mikko Sallinen,
Heikka Valja, Henrika Ylirisku

4th Arts-based Research and Artistic Research conference
Aalto ARTS 2016

Martial arts: A wide range of Eastern combat practices, based on the ancient cultural traditions in which disciplined physical performance is inseparable from spiritual, mental and aesthetic (self)education

Tiina Pusa: Judo

Marja Rastas: Taijiquan

Mikko Sallinen: Jujutsu

Heikka Valja: Kendo

Henrika Ylirisku: Taido

MARTIAL ARTS EXPERIENCE AS A MULTI-LAYERED CULTURAL DIALOGUE

Between Eastern and Western thinking traditions

How do our experiences challenge our fundamental commitments as art educators - like conceptions of art, learning and knowledge, human in relation to self, to others and to his/her community and society?

What kind of new understandings the embodied experience of martial arts can offer in the context of visual arts education and arts based research?

The beginner's experience in the context of embodied knowledge

The methods of education and significance of exercising skills in visual and martial arts

The gender issues when confronting violence,
aggression, pain, control and authority

Building skill and character - mediating tradition:
Individual in a community of practice

Playfulness, games and rituals in martial arts
combat, art and education